

## Core Values 2024-2025

### August

**Responsibility** – Proving you can be trusted with what is expected of you

### September

**Commitment**– Making a plan and putting it into practice

### October

**Respect** – Showing others they are important by what you say and do

### November

**Self-Control** – Choosing to do what you should even when you don't want to

### December

**Gratitude** – Letting others know you see how they've helped you

### February

**Compassion** – Caring enough to do something about someone else's need

### March

**Integrity** – Choosing to be truthful in whatever you say and do

### April

**Teamwork/Cooperation** – Working together to do more than you can do alone

### May

**Leadership/Trust** – Putting your confidence in someone you can depend on



# SBE Counselor Connection

Sonal Bhuchar Elementary

January 2025

## Message from the Counselor

Happy New Year! As we step into the start of the spring semester, it's the perfect time to focus counseling lessons on two essential skills that will support our little Bengals in their success: perseverance and a growth mindset. The key to achieving long term goals is perseverance, or the ability to push through challenges and set backs. When students learn to stay committed to their efforts despite obstacles, they build resilience. This is critical not only for academic success but also for personal growth. Perseverance teaches children that every step forward, no matter how small, is a step to achieving aspirations. Equally important is learning to develop a growth mindset, the belief that knowledge and skills can grow with effort and practice. Students with a growth mindset view challenges as opportunities to learn rather than roadblocks. They understand that mistakes are valuable lessons and that consistent effort leads to improvement. This mindset helps students approach the semester with confidence and curiosity, ready to tackle new subjects, skills, and goals. By cultivating perseverance and a growth mindset, students can embrace the idea that progress takes time, and they have the power to shape their futures. Encouraging these traits both at home and at school can help our trailblazers face the new semester and new year with determination and optimism. Together, we can help them build habits that will serve them well far beyond this school year. Please feel free to contact me if you have any questions, concerns, or if there is anything I can do to further support your child.

Monica Sane 281.327.4442, [Monica.Sane@fortbendisd.gov](mailto:Monica.Sane@fortbendisd.gov)

## January Core Value

# PERSEVERANCE

Refusing to give up when  
life gets hard



CORE ESSENTIAL, INC. ALL RIGHTS RESERVED



## Career Day

Our campus Career Day will be held on Friday, January 31st. This is an opportunity for students to learn about a diverse range of professions and spark interest in potential future career paths. Career Day also allows students to connect their classroom learning to real world applications. If you are interested in sharing insights about your career, please look for more information in your child's grade level newsletter or contact your child's teacher. Students enjoy this chance for families to participate in student learning!